



PLUNGE 5K

Presented by Law Enforcement for
Special Olympics Minnesota

MARCH 1
2014
REGISTER NOW!

*Special
Olympics
Minnesota*





MARCH 1
2014

Thomas Beach, Lake Calhoun

Thomas Ave S and West Calhoun Pkwy
Minneapolis, MN 55417

REGISTER NOW!

Early bird registration ends on Jan. 1.

EARLY BIRD
\$25

AFTER JAN. 1
\$30

Looking for a “cool” way to beat the winter blues? Switch off your treadmill and head outside for the third annual Plunge 5K! This family-friendly walk/run is a great way to embrace the chilly weather, boost your energy level, and warm your heart by supporting the more than 7,600 athletes of the Special Olympics of Minnesota.

somn.org